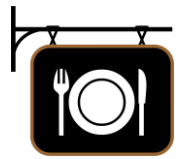
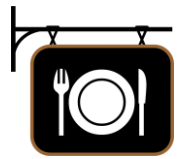


WHAT'S FOR BREAKFAST TODAY?



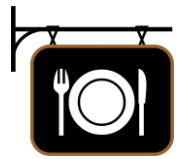
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes

WHAT'S FOR LUNCH TODAY?



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes

WHAT'S FOR SUPPER TONIGHT?



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes